

JUNE AT EL GANZO

2021 - YEAR 9



Summer is almost here! At El Ganzo we are more than ready to welcome a new season with exciting and mind blowing activities. We welcome Prakash Chegu for our first Wellness Residence, expanding our mind and elevating our spirit through the art of Kundalini Yoga. We will also be hosting our fabulous musicians from El Ganzo Collective who will be sharing with us their love for music and community. This month is all about reconnecting with ourselves, so please join us in our wellness activities every week. We are over the moon and ready to celebrate and share June with all of you!



WELLNESS FACILITATOR IN RESIDENCE JUNE 18TH - JULY 4TH

Prakash Chegu is a KRI certified Level 1 Kundalini Yoga Instructor. He has a unique ability to combine two different fields and harness the benefits of both. He is an Engineering graduate specializing in Production, Manufacturing as well application of technology to Business and Management practices. Growing up in India with a traditional family, he was exposed to Mantras, Chants, and Yoga at a very early age. As the approach of adolescence the keen curious mind leaned more towards only the tangible scientific belief and it was not until several years later, the same curiosity led him to Quantum Mechanics which inadvertently led him to Meditation, Chanting and ultimately back to Kundalini Yoga. He is very passionate and wanted to become a teacher to quench his personal desire to immerse himself in the depths of this Raja Yoga.

KUNDALINI MASTER CLASSES:
SATURDAY, JULY 2ND
SUNDAY, JULY 3TH
BOOK: SPA@ELGANZO.COM

CULTURAL WEDNESDAYS AT EL GANZO PRESENTS:

VINYL NIGHT

WEDNESDAY, JUNE 2ND
8PM -10PM @EL RESTAURANTE

FLAMENCO NIGHT

WEDNESDAY JUNE 9TH & 23RD
8PM -10PM @EL RESTAURANTE

DRINK AND DRAW

WEDNESDAY JUNE 16TH
8PM -10PM @ROOFTOP



POOLSIDE SESSIONS

JUNE 12TH & 26TH
1PM - 10PM | @Rooftop



EL GANZO COLLECTIVE PRESENTS:

SURPRISE GUESTS
Fridays @ Fire Pit
8:00 pm - 10:00 pm

20% locals discount on food and drinks

THIS MONTH'S SPECIALS

FOOD & DRINKS

- 20% Discount in all our restaurants and bars
- Rooftop Day Pass from Thursday to Sunday for \$132 USD*
- New snack menu @ Rooftop

*Day pass is applicable per couple as credit in food and beverages.

SPA & WELLNESS

- 50% OFF Body Wraps + FREE Hydro Circuit
- Full Wellness Program with Yoga Classes and Healing Therapies
- Ecstatic Dance June 26th @Rooftop | 7:00pm a 9:00 pm

YOGA:

- Monday, Wednesday & Friday | 7:15 - 8:15 am
- Sunday | 9:00 - 10:00 am

ACCOMMODATION

- 20% Discount on room rates from our Hotel El Ganzo official Website

WE CAN'T WAIT TO SEE YOU BOOK YOUR STAY TODAY!